

# On the predictivity of single field inflationary models.

Subodh P. Patil

University of Geneva

Humboldt Universität zu Berlin

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# Inflationary cosmology in a nutshell

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$$\blacktriangleright S = \int d^4x \sqrt{-g} \left[ \frac{1}{2} \dot{\varphi}^{\mu} \varphi_{,\mu} - V(\varphi) \right]$$

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Higgs Inflation

From  $m_t$  to  $E_{inf}$

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- ▶ Phase space analysis shows that if  $\epsilon, \eta \ll 1$ , we can get enough  $\approx 60$  e-foldings of inflation to solve the horizon problem.

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- ▶ Phase space analysis shows that if  $\epsilon, \eta \ll 1$ , we can get enough  $\approx 60$  e-foldings of inflation to solve the horizon problem.
- ▶ Does this make sense from the EFT perspective?

# Cosmological perturbation theory in a nutshell

On the predictivity of single field inflationary models.

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Q.) We only see perturbations. How do we connect observables to underlying theory? A.) Start with the action of gravity + the inflaton:

$$\blacktriangleright S = \frac{M_{pl}}{2} \int d^4x \sqrt{-g} R - \frac{1}{2} \int d^4x \sqrt{-g} [\partial_\mu \phi \partial^\mu \phi + 2V(\phi)]$$

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$$S_{2, \gamma} = \frac{M_{pl}^2}{8} \int d^4x a^3 \left[ \dot{\gamma}_{ij}^2 - \frac{1}{a^2} (\partial_k \gamma_{ij})^2 \right]$$

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$$\blacktriangleright \partial^2 \theta = -\frac{\partial^2 \mathcal{R}}{a^2 H} + \epsilon \dot{\mathcal{R}}$$

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$$\blacktriangleright \partial^2 \theta = -\frac{\partial^2 \mathcal{R}}{a^2 H} + \epsilon \dot{\mathcal{R}}$$

$\blacktriangleright$   $\mathcal{R}$  is conserved on super-horizon scales. Want to calculate n-point correlation functions and compare with observations.

# The in-in formalism in one slide

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We are interested in computing the late (finite) time correlator  $|k_1|^3 \langle \mathcal{R}_{\vec{k}_1}(\tau) \mathcal{R}_{\vec{k}_2}(\tau) \rangle := 2\pi^2 \delta^3(\vec{k}_1 + \vec{k}_2) \mathcal{P}_{\mathcal{R}}$ , and similarly for  $\gamma_{ij}$ .

- ▶ Former relates directly to  $\langle \frac{\delta T}{T}(\hat{n}) \frac{\delta T}{T}(\hat{n}') \rangle$  seen in the CMB.

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- ▶ Dyson operator:  $U(\tau, \tau_0) = T \exp\left(-i \int_{\tau_0}^{\tau} H_I(\tau') d\tau'\right)$





# Predictions

Given a background that is close enough to dS:

- ▶ that is, with  $\epsilon = \frac{\dot{\phi}_0^2}{2M_{\text{pl}}^2 H^2} \equiv -\dot{H}/H^2 \ll 1$
- ▶ The mode functions each Fourier mode of  $\mathcal{R}$  are given by:

$$\mathcal{R}_k(\tau) = \frac{e^{i(\nu+\frac{1}{2})\frac{\pi}{2}}}{2} \sqrt{\frac{\pi}{2\epsilon}} \frac{[H(1-\epsilon)]^{\nu-1/2}}{M_{\text{pl}}} (-\tau)^\nu H_\nu^{(1)}(-k\tau); \quad \nu := \frac{3-\epsilon}{2(1-\epsilon)}$$

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$$\mathcal{P}_{\mathcal{R}} = \frac{H^2(k)}{8\pi^2 M_{pl}^2 \epsilon} \simeq 2 \times 10^{-9} \rightarrow H \simeq 10^{15} \epsilon^{1/2} \text{ GeV}; V^{1/4} \simeq 10^{16} \epsilon^{1/4} \text{ GeV}$$

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▶ Can show (Lyth bound) that  $\Delta\phi\sqrt{r} \geq \mathcal{N} M_{pl} \sqrt{r} \dots$

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▶ **Attn: string theorists: are you OK with this?**

# What we see:

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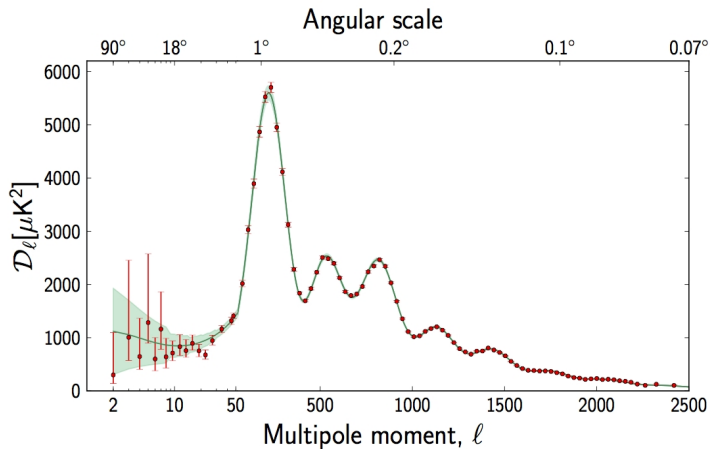
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- ▶  $\exists$  a *single* effectively light degree of freedom at  $\sim \epsilon^{1/4} 10^{16} \text{ GeV}^*$ . Observable tensors  $\rightarrow 10^{16} \text{ GeV}$  ?
  - ▶ whose field modes began in the relevant vacuum state (BD)
  - ▶ whose self interactions and interactions with other fields are sufficiently weak or irrelevant *throughout* inflation
  - ▶ which couples strongly enough to the standard model so that efficient (pre)heating occurs...\*

Antoniadis, Patil arXiv:1410.8845

# Effective field theory

How do these requirements sit with our understanding of Effective field theory? Obtaining *enough* inflation requires field excursions.

▶  $\mathcal{L} = -\frac{1}{2} (\partial\phi)^2 - V(\phi) + \dots$ , where  $\dots = \sum_i c_i \frac{\mathcal{O}_i(\phi)}{\Lambda_i^{D_i-4}}$

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- ▶ By thinking about this problem honestly, can rule out a lot of models a priori.

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- ▶ Not predictive  $\leftrightarrow$  need to know UV completion.

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Higgs inflation is a very elegant, minimal, and purportedly predictive attempt to implement inflation within the standard model.

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- ▶ N.B. kinetic mixing of the radial mode (singlet) and the Goldstone modes! – crucially distinction between Higgs inflation and singlet scalar field w/ quartic potential.

# Higgs Inflation

In unitary gauge,  $H = (0, \frac{h}{\sqrt{2}})^T$  – we define  $\langle h \rangle = \frac{\bar{\phi}}{\sqrt{2}}$ , with  $\bar{\phi}$  denoting classical the background field expectation value for the Higgs.

- ▶ ... satisfies the boundary condition  $\bar{\phi}_{ew} = v \equiv 246 \text{ GeV}$

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In unitary gauge,  $H = (0, \frac{h}{\sqrt{2}})^T$  – we define  $\langle h \rangle = \frac{\bar{\phi}}{\sqrt{2}}$ , with  $\bar{\phi}$  denoting classical the background field expectation value for the Higgs.

▶ ... satisfies the boundary condition  $\bar{\phi}_{ew} = v \equiv 246 \text{ GeV}$

▶ Canonically normalized Higgs field  $h \rightarrow \chi$ , with

$$\frac{d\chi}{dh} = \frac{[1 + (\xi + 6\xi^2)(h/M_{pl})^2]^{1/2}}{1 + \xi(h/M_{pl})^2}.$$

▶ Einstein frame potential becomes

$$V_E(\chi) = \frac{\lambda M_{pl}^4}{4\xi^2} \left[ 1 - e^{\frac{-2\chi}{\sqrt{6}M_{pl}}} \right]^2 + \dots$$

▶ Exponentially flat in the large field region  $\bar{\phi} \gg M_{pl}/\xi$ , slow roll conditions satisfied at  $\bar{\phi} \gtrsim M_{pl}/\sqrt{\xi}$ .

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$$n_s = 1 - 6\epsilon + 2\eta, \quad r = 16\epsilon; \quad \epsilon(\bar{\phi}) \simeq \frac{4M_{pl}^4}{3\bar{\phi}^4\xi^2}, \quad \eta(\bar{\phi}) \simeq \frac{4M_{pl}^4}{3\bar{\phi}^4\xi^2} \left( 1 - \xi \frac{\bar{\phi}^2}{M_{pl}^2} \right)$$

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On the predictivity of single field inflationary models.

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▶ For  $\sim 58$  e-folds,  $n_s \simeq 0.967$ ,  $r \simeq 0.0031$

# Unitarity bounds

An EFT is only defined up to the scale at which unitarity is violated, or the nominal cut-off, whichever is the lower of the two.

- ▶ In the small field regime:  $\Lambda_{ew} \simeq \frac{M_{pl}}{\xi}$ ,  $v \leq \bar{\phi} \leq \frac{M_{pl}}{\xi}$

Burgess, Lee, Trott 2009

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- ▶ You are *only just* OK! However, you will be riding just below the floating cut-off all throughout RG running.
- ▶ 'Threshold' effects could affect your observables if you want to connect to low energy EW physics (one of the major attractions of Higgs Inflation).

# RGE Improved potential

On the predictivity of single field inflationary models.

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To make predictions for CMB observables, we have to compute the effective potential in the inflationary regime.

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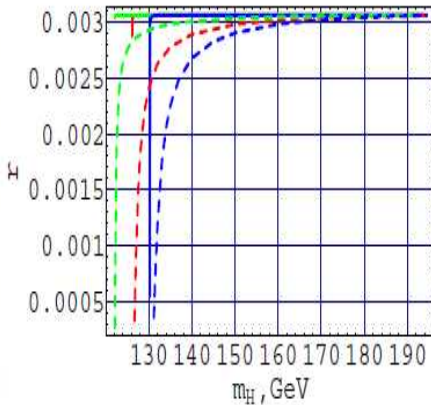
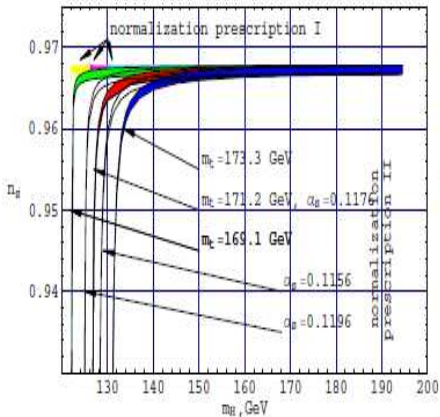
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- ▶ Discovery of the Higgs 2012  $\rightarrow$  have to take SM parameters up to three sigma away from their central values to obtain positive quartic coupling at  $M_{pl}/\sqrt{\xi}$ .

# RGE Improved potential



► From Bezrukov 2013.

# Running up to inflation

On the predictivity of single field inflationary models.

Subodh P. Patil

In order to implement the running honestly, had to run up from the SM parameters at top mass (computed at 2 loops to NNLO):

Buttazzo, Degrassi, Giardino, Giudice, Salvio, Strumia 2013

$$\blacktriangleright \lambda(m_t) = 0.12711, y_t(m_t) = 0.93558, g'(m_t) = 0.35761, \\ g(m_t) = 0.64822, g_s(m_t) = 1.1666, \xi_0 = 2300 + \delta\xi$$

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- ▶ But what about the fact that  $\Lambda_{int} \simeq 4\pi\bar{\phi}$  during inflation? Threshold effects at  $M_{pl}/\xi$ ?

# Higgs effective inflation

On the predictivity of single field inflationary models.

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Higgs inflation is not renormalizable. Obligated to treat it as an effective description.  $D=6$  SM operators mix into the running of SM parameters under RGE, even at one loop. [Jenkins, Manohar, Trott 2013](#)

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- ▶ Wilson coefficients affect the running substantially. Unless we know the UV completion (i.e. can specify all the coefficients), have to allow for them to represent a *theoretical uncertainty* in the predictions of Higgs inflation.

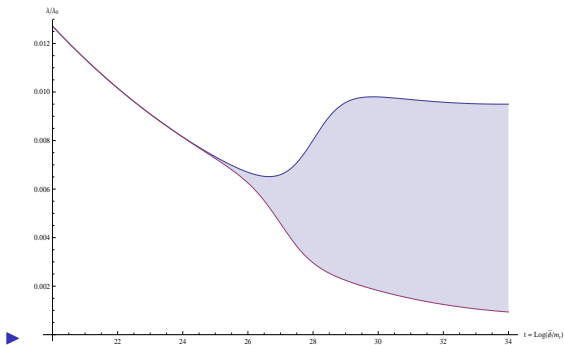
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Can repeat the analysis done by others allowing for the theoretical uncertainty represented by these unknown Wilson coefficients, and compute the effects on CMB observables. [C.P.Burgess, S.P.Patil, M.Trott,](#)

[arXiv:1402.1476](#)



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**Figure:** The effect of the unknown UV completion on the running of the quartic coupling in the Higgs inflation scenario.

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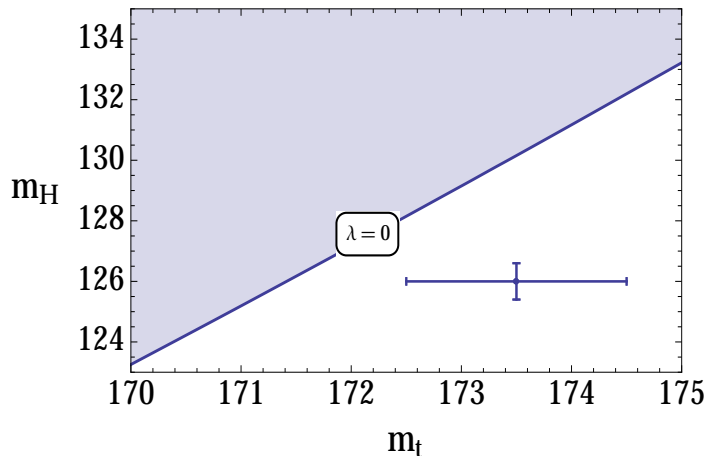


Figure: Initial conditions that separate  $\lambda < 0$  from  $\lambda > 0$  at  $M_{pl}/\sqrt{\xi}$

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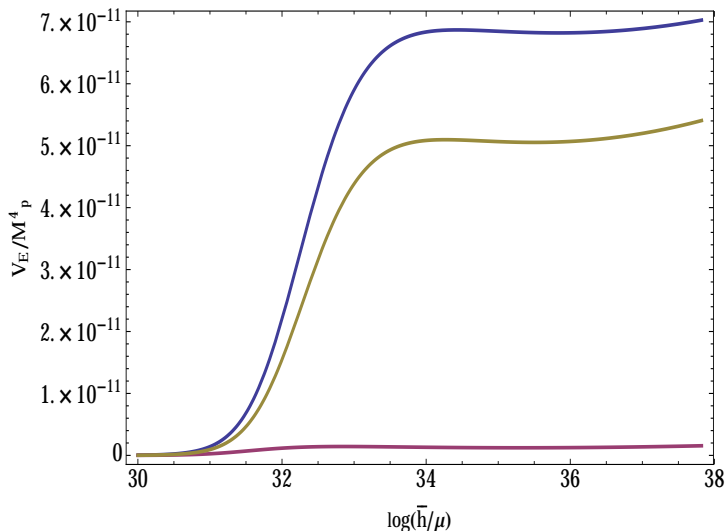


Figure: Effective potential over the range of Wilson coefficients

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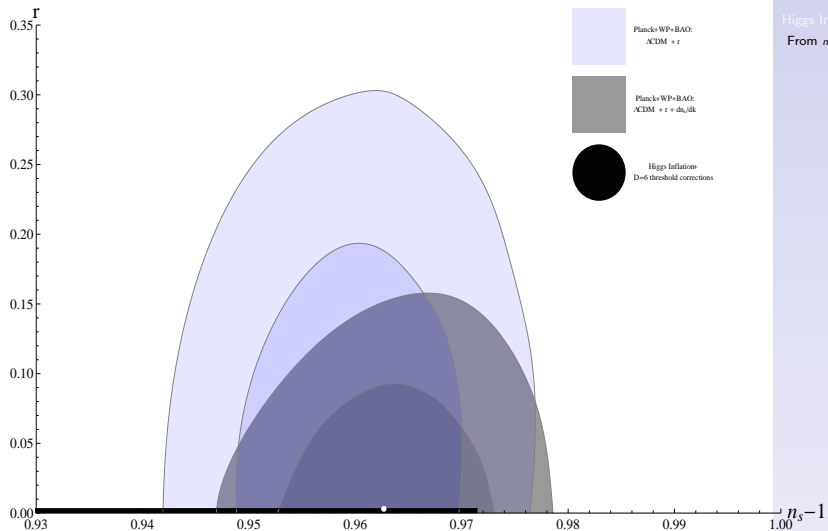
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Higgs Inflation

From  $m_t$  to  $E_{inf}$



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- ▶ Are there any mechanisms to generate inflation that are not?
- ▶ A related question to predictivity– is inflation falsifiable?